



WE ARE THE THEY

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M. WEARETHETHEYMOVEMENT.COM

Welcome to the Ascend Coaching Program! We are excited to share this coaching journey with you. We want you to know that you are in amazing hands. Melissa von Musser is the Director of Coaching for We Are The They and has over 20+ years of intense coaching experience, combined with over 30,000 hours of training. Our coaches are trained and highly qualified to assist you in creating the life you desire, break through limiting beliefs, rules that box you in and anything that stands in the way of your success.

Here are the instructions on how to best take advantage of your coaching opportunity. Please save this letter as it contains contact information and you may need it in the future.

SAVE THIS PORTION

Here is the key information you will need to save for our coaching relationship. **Please save it to your desktop for future reference.**

Attached to this email is a coaching questionnaire. Please complete it and email to Melissa prior to your first coaching session:

melissa@wearetheymovement.com

Please utilize the [CLICK HERE TO SCHEDULE WITH COACH MELISSA](#) link below to schedule all your coaching sessions. The responsibility to take charge of your investment is to schedule your calls - plan on approximately every 10 days = 3 - 45 min sessions/month. Some months will be short and you can add an additional call in the following month. This is going to be a valuable process that will get you fast tracked toward momentum and the goals you are committed to achieving. Have a great week and just know that we are going to CRUSH this! Please go out and schedule your first three calls (preferably 10 days - 3 sessions/month). For the next 3 months. This gets you into a strong rhythm and builds on the growth in each call.

calendly.com/coachmelissavon

Please carefully review this email as it contains important information that will help us quickly gain momentum toward your outcomes.

My Phone Number: (1) 949-291-9542

E-mail: melissa@wearetheymovement.com

Scheduling Link: [CLICK HERE TO SCHEDULE WITH COACH MELISSA](#)

Thank you for taking the time to complete these steps prior to our first coaching call as they will help us get off to a great start!

Here are some key things to remember that will help you get the most value from coaching:

*I will be calling you for each session. Please make sure you are where you can take notes, be focused and maximize our time together. This means NOT DRIVING as you will want to be focused and able to capture notes throughout our call.

*Before our first call and to capture the distinctions of each call, purchase or assemble a coaching journal - something you will enjoy writing in (can be a notebook if you like to have the ability to insert or remove pages). If you prefer a digital format – this works as well, just make sure you have access to it.

*There is a standard 24 hour policy in making any changes to your scheduled appointment time. If you are unable to keep an appointment, please call and/or email me at least 24 hours in advance to avoid missing out on that session.

*Cell phones are great if you are in a place with a strong signal and you are comfortable in speaking openly/transparently for you to get maximum benefit. (I strongly suggest that texting is off during our calls-I wouldn't want you to miss a thing!).

*If your contact information changes (phone, email, cell, address) please either call or email me with those changes as soon as possible.

I am so excited to get going and for being a part of the process of creating massive success in your life.

Here is to creating a life filled with love, joy, integrity and one you design!

Ascend Coaching

WATT & WATT-QE

Jimmy Rex

Melissa von Musser

Cc: Coaching agreement - [Click Here To Download](#)

Coaching questionnaire - [Click Here To Fill Out](#)

